

## Backup Procedures

**The system can be backed up in three ways:**

Go to home page > preferences > admin > back up data. You can then choose to back up onto a floppy disc or send the back up to ourselves and we will keep it for you or to the hard drive.

The information back up the BZB file and within this is a Script file that has all the data. The file it backs up automatic but you can follow the above steps to ensure you have your own copy.

If you need any further help or advice please do not hesitate to email [support@mybiz.co.uk](mailto:support@mybiz.co.uk)